

Therefore, It is imperative to not knowingly expose oneself even for brief periods of time in any place that smells moldy or has an appearance of mold or mildew.

If you suspect that the air quality in your home is being compromised by mould spores you can have the air tested, but it can be quite expensive in some instances. It's worth it if it helps save your health.

Lifestyle choices like keeping the house closed without running an air conditioner or dehumidifier and poor housecleaning can also cause mould growth. If there is mould growing indoors, you need clean the mould with a vinegar solution and fix the water issue, such as a broken pipe or water leak. If you just clean the mould, without fixing the water problem the mould will continue to grow. Living in the tropics during the wet season is a difficult time to keep mould at bay but it is worthwhile being diligent especially considering the damage that the toxins produced can do to your health. How did my colleague get on after he cleaned and disinfected his house? Now he has no more stomach problems and has a spring in his step. But that's maybe because he's about to go on a big night out.

More info can be found at; [www.mold-help.com](http://www.mold-help.com) or [www.mold-survivor.com](http://www.mold-survivor.com)

- Q: Which direction is North in Australia? (USA)
- A: Face south and then turn 180 degrees. Contact us when you get here and we'll send the rest of the directions.
- Q: Can I bring cutlery into Australia? (UK)
- A: Why? Just use your fingers like we do.
- Q: Are there supermarkets in Sydney and is milk available all year round? (Germany)
- A: No, we are a peaceful civilization of vegan hunter/gatherers. Milk is illegal.
- Q: Please send a list of all doctors in Australia who can dispense rattlesnake serum. (USA)
- A: Rattlesnakes live in A-meri-ca which is where YOU come from. All Australian snakes are perfectly harmless, can be safely handled and make good pets.
- Q: I have a question about a famous animal in Australia, but I forget its name. It's a kind of bear and lives in trees. (USA)
- A: It's called a Drop Bear. They are so called because they drop out of Gum trees and eat the brains of anyone walking underneath them. You can scare them off by spraying yourself with human urine before you go out walking.

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## TOP Places to Chill Out

### Friendship Beach - Chalong

Between Chalong and Rawai, this place is perfect for an afternoon. It has plenty of room and a pool you can use if you use their bar or restaurant services. Perched right on the waters edge, you can gaze at the islands in the bay or watch a jazz session on Sunday afternoons.

### Paradise Beach - Patong

A quiet little family run bay at the south end of Patong bay. It is now accessible by car or bike and despite their 10% service charge on everything is still a great place to get away from it all.

### Surin Beach - Surin

Our pick for watching the sunset. Sit at Divers bar overlooking the beach and you'll end up running into half of the Surin locals doing the same thing.

### Small View / After Beach - Kata

These two located next door to each other are on the hill behind Kata Noi and have reggae music wafting through the air as you balance precariously on the hillside.

### Kathu Waterfall - Kathu

The largest cascade on the island. Take the turn before the Loch Palm Golf Course turnoff in Kathu. Quiet and peaceful and if it does get a little warm you can always dip your toes in the numerous waterholes that follow the cascade down the hillside.



**FOR SALE Kathu**  
3 Bedroom House in a secure complex  
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250 sqm property Floorspace 190 sqm  
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