



Come in to our original juice bar in Patong and experience our natural Glow juices in a relaxing surrounding. We also offer 'good coffee', sandwiches and alcohol.



# Glow

Health Station  
Beach end of Sawadirak Road  
Patong Beach




# Clarets

GUESTHOUSE  
PUB,  
RESTAURANT  
POOL ROOM



Enjoy the best breakfast in Patong  
Relax in our air conditioned bar  
Take in a movie or the weekend's sport  
on our 43" TV

Let Rab and Paul look after you

Rab: 07 881 7638  
076 345 254  
68 Nanai Road  
Patong Beach  
Phuket. Thailand

There are ample free maps available giving quite detailed information about Phuket Island and the individual beaches. We would recommend the ones available from the Tourist Authority of Thailand (T.A.T.)