



Phuket's Best Breakfasts'

For the star system:

- ★ Not worth getting out of bed for
- ★★ Lucky it's cheap
- ★★★ Adequate and gets the job done.
- ★★★★ Worth the journey - A cut above.

- ★★★★★ If the cook isn't there, go and find them and demand to be fed - Highly recommended.
- ★★★★★ Marry the cook, it doesn't matter if they're male or female, your stomach won't care.

One of the things we've noticed over the past year is that what was a good breakfast last year is not necessarily a good breakfast this year. The

owners may be the same but the cooks have changed or the premises have been sold on and the new owners couldn't give a rats about their menu. "Open a kitchen and they will come" seems to be the thinking behind some businesses, but things are changing. Some establishments are putting up the money to create an attraction for visitors and locals alike reflecting a belief in the potential of Phuket. If they are looking at putting an all day breakfast on their menu, then we are looking at them.

As with last year we have taken on recommendations from all and sundry and visited many places over the past couple of months to check them out. Rather than saying a particular place should be

bulldozed, we have simply left them out, hence you won't see any single stars. It is up to them to improve, not up to us to highlight shoddy value and/or food. On these pages we are highlighting the best of the ones we have come across.

If you know a good place for breakfast Email info@andamanpost.com and let us know. We will be sure to check them out and see how they rate.

As any form of eating is a personal experience, we can't say definitively which place is the best, but will give our opinion based on certain criteria. The rest is up to you. If you disagree with us strongly enough to let us know, we will be more than happy to know why.

What We Look For

- 1. Food Quality** - Some say that eggs are eggs and sausages are sausages, but not so, some places go to great lengths to secure the right ingredients.
- 2. Preparation and Display** - It can be the greatest food in the world, but if it looks like slop when it arrives on the table it tends to turn you off - just ask the Japanese about how they value display.
- 3. Value for Money** - Some places knock out cheap breakfasts that you wouldn't feed to a soi dog, others go for the extra effort at a slightly higher price and should be rewarded for the fact.
- 4. Service** - It's not as prevalent as you might think.
- 5. Ambience** - There is not necessarily much an establishment can do about this, but it does save some places from deficiencies in other areas.

Two Black Sheep

172 Rat-U-Tit Road, Patong

This was the best one we tried last year by far. Priced at 140 baht, 185 baht and upwards depending on whether you want steak or not. The breakfast comes with two large slices of real toast and bottomless filtered coffee or tea. One of only a couple of places we struck with bottomless tea or coffee and we feel a good selling point for their breakfasts. Condiments didn't materialise, but we're sure if you asked they

would be delivered. Still the same quality as last year but some of the others have picked up noticeably. One of the best around.

Price Range - 140 - 250 baht

RATINGS	
Quality.	★★★★★
Display.	★★★★
Value.	★★★★
Service.	★★★★
Ambience.	★★★★★

